

# Isabel's biography and the stages of the Messages of the Mercy of the Holy Heart of Jesus

On July 4<sup>th</sup>, 2018 Isabel received from Our Lord a request to prepare a brief biographical account of her person and to add it to the website.

Isabel is a Spanish woman of mature age, married and mother of a daughter. She was born into a Catholic family and was baptized three days after birth.

She could not finish her teaching studies. She has done some odd jobs, but currently her illness only allows her to take care of her home. She lives a withdrawn life, with very restricted social relationships, but she attends to the tasks of a housewife and always pending what the Lord wants to communicate to her. She also takes care of executing all the tasks that the mission that the Lord has entrusted to her carries.

The question of many is how did Isabel get to receive these surprising messages? Evidently the Lord was preparing it without her realizing it, and even less without suspecting the mission that was reserved for her. On the one hand, her future mission could not imply anything in her life, since her religious formation was very limited and she could not be free from being contaminated by the spirit of the world in the degree of moral decomposition in which we find ourselves.

What was different about Isabel was her love for the Lord and wanting to get out of the trap of sins that are committed as normal in our day. She is aware of her own guilt without intending to discharge her responsibility in her environment. Her infatuation with the Lord led her to leave an apparently normal environment, in her house they lived more according to the commandments, but in the environment of other people with whom she had to deal with and in the street they were far from religious practice. And the Lord was instructing her in order to supplement her with a minimum Christian formation, insufficient to face the unfavorable climate.

In the years closest to the very explicit and regular communications of the Lord, she noted that during Holy Week she felt a deep pain when meditating on the Passion of the Lord and an extraordinary recollection in the Eucharistic adoration of Holy Thursday. She never went on vacation on those dates. Except for one year when she did. Immediately she felt at the end of that Easter a great emptiness and that she had lost the much-needed experience of other years, which caused her terrible pain. And even on this vacation, she still had not had those most extraordinary experiences of later years.

One of the events with which God has left an indelible mark on her life was in the pregnancy of her daughter. Isabel had trouble carrying out her pregnancies. She had lost her first child in

pregnancy. And almost three months after her second pregnancy, when she was at her parents' house, since she was resting, she began to have pain. She looked at the sky, she still remembers that piece of heaven she saw. She was alone in the yard and she said to God, "My God, please let me have this child." And crouched and scared, she went to her room. The pains absolutely stopped. And she had a perfect pregnancy to the end. She had her daughter. The awareness of this miracle came later. The Lord enlightened her to see that He had acted. She did not notice at the time of the event. It didn't connect everything that was happening to her. But the Lord was illuminating the events of her own life with the light of truth. Years later she lost her third child in pregnancy.

At the end of 2011 she opened the Bible in her living room and came to Jer 36,1-3: "... Take a scroll and write everything I have told you ..." She read that quote and leaves a notebook on the table to be ready when the Lord wants. Then she herself was scared of having done it this way as responding to the Lord, as if He was speaking to her.

In the three years prior to the beginning of the communications of the Messages, in a prayer group with the Charismatic Renewal, on different occasions she felt the need to bear witness to some very concise phrase that came to her. She punctually said what had come to her in that sentence and a person from the small group said to her that she was moved by the sentence and there were those who said on one of those occasions that this was prophetic. But on one occasion in the prayer group, she was afraid to communicate what she had received and asked the Lord to give her some word from Scripture to strengthen it, and when she opened it at random she found herself in front of Amos 8,11-12, and after she check the similarity with what she felt, in the next meeting she said it.

At dawn on August 7, 2013, she was sleeping and suddenly she heard in a dream: "You will receive one message a month for the rest of your life." In the dream she began to repeat it, it was like being conscious in the unconsciousness of the dream. She repeated it full of happiness and joy. She couldn't stop repeating it over and over again. She felt that this was going to unite her to God forever. She said to herself: "Now I have to be very faithful to the Lord. I will go to confession this afternoon". She was immensely happy. She didn't know who had said it to her, but yes, it was from God. In the morning she got up happily and told her husband. In the afternoon she went to a church to confess and then went to the front benches to attend Mass, while her husband also confessed. She was looking at the tabernacle, but she turned and noticed a painting of Saint Joseph sleeping and an angel speaking to him. It was what had happened to her that night. When her husband arrived, she told him and was also surprised by this event. She thought, "Maybe it was an angel who spoke to me tonight." After a while she told the priest in her prayer group and said that he could believe it, because God could do it.

Also a lay person who gave spiritual retreats told her that the Lord had confirmed it to her with the painting what she had heard in the dream and said: You will receive them, be prepared to write.

The Messages began on July 7, 2014, on September of the same year, she met the priest who was to be her spiritual director, and from the beginning she made known and submitted to his

dispositions everything she receives. Thereafter it depends on the spiritual approval and theological and grammatical revision of her spiritual director, and once transcribed, it is sent to the bishop of his diocese so that he may have notice of it. The notes in the Messages are written by the spiritual director. Biblical citations, which Isabel seeks with the help of her family, when possible, are reviewed and completed by the spiritual director without pretending to be exhaustive so as not to hinder the reading or delay the publication.

She has interviewed the bishop of the diocese and he has been asked for the *Imprimatur* and it is a reason for hope that we can count on it, since he has not doubted his sincerity, although his postponement is also explained, because she has not stopped receiving the Messages.

The Lord, through Isabel, informed us that he wanted a community to be formed, and that it bore a name related to his Passion and Gethsemane was chosen. Isabel, her husband and daughter, and others who followed the Messages and prayed together gathered around the spiritual director, and they were entrusted, under the guidance of the Holy Spirit, to glean the phrases that were to form the Rule of Life and also live according to that same guide. Far from being a merely material or purely literary task, it has turned into a whole joyful spiritual experience in many moments, and painful and hard-fought in not a few episodes, and in which there was no lack of prayer and fasting to complete the work until obtaining, by divine Mercy, the blessing of a Catholic and Spanish bishop, as a previous step for its publication, until it receives a more formal approval of it.

The first thirty-seven Messages, called Messages of the seventh day, have provided the material of which the Rule of Life has been composed, and, at the same time, they have each had their Cenacle of prayer in which the community of Gethsemane together with some other people, in a diocese other than Isabel's, have dedicated themselves, in monthly Eucharistic adorations with a priest, to meditate and bless God for each one of those Messages, and, once the Eucharistic adoration with the blessing has concluded, and while the Holy Rosary was prayed, those who wished to go to confession have done so.

Efforts to be faithful to the Messages have always been joyfully crowned by its incredible geographical extent on the five continents without propaganda of any kind. And it has always been the most comforting thing that the veracity of its origin was regularly checked, among other testimonies no less important, with the statistics that the website server offered them, week after week. Some of the countries with problems accessing the internet have been among the first visitors to the page of El Pastor Supremo according to what was announced since the third Message and that could seem very pretentious then: "I will give you My peace when you are sent to proclaim My Messages throughout the world. "

The Lord has been marking the stages that this small community Gethsemane has lived, always accompanied by the spiritual director that God has put in its way. The Lord told Isabel that the spiritual director added on the website that if he does not reveal his identity publicly, it is because he does not have permission to do so (07/05/2018).

There is no doubt that with the steps that have been taken in the month of September of this year 2019 we can speak of a new time, or that a very important new stage has begun.

September 25, 2019

The Spiritual Director of Isabel.